

## **NLCS Bell Schedule**

### **Mon, Tues, Thurs, Fri**

|             |                         |
|-------------|-------------------------|
| 8:50-10:20  | Block 1A/1B             |
| 10:25-11:05 | Self & Social Awareness |
| 11:10-11:50 | Lunch                   |
| 11:55-1:25  | Block 2A/2B             |
| 1:30-1:55   | Academic Counseling     |
| 2:00-2:25   | Mindfulness & Movement  |
| 2:30-4:00   | Block 3A/3B             |

### **Wednesdays**

|             |          |
|-------------|----------|
| 8:50-9:30   | Block 1A |
| 9:35-10:15  | Block 2A |
| 10:20-11:00 | Block 3A |
| 11:05-11:45 | Lunch    |
| 11:50-12:30 | Block 1B |
| 12:35-1:15  | Block 2B |
| 1:20-2:00   | Block 3B |